



THAMES VALLEY BRANCH ARE HOLDING THEIR ANNUAL OPEN WATER EVENT ON 15TH AND 23RD JUNE 2019, ON BATH ISLAND, WINDSOR AT THE WINDSOR LIFEGUARDS RIVER THAMES TRAINING BASE. (NEAR WINDSOR LEISURE CENTRE)

There will be an opportunity to take part in an open water incident competition for all age groups in teams of two – (rookies, juniors & seniors). In addition to exams being held for Open Water Survive & Save Still Water Awards - Bronze, Silver & Gold.

Timetable

	Morning Session
10:30	Candidates sign in and event safety talk
11:00	Open water survive and save awards
11:30	Open water competition (will run all day)
12:30	Lunch
	Afternoon Session
13:30	Candidates sign in and event safety talk
14:00	Open water survive and save awards
	Open water competition
16:00	Presentation

During the day we will also be running a roadshow on water safety where all families can join in a short 30 minute observation walk.

If you require more information please call or text me – Raymond Green – Tel 07702 480560

Notes

- All teams and candidates must bring their own bodies if taking part in the survive and save awards.
- Candidates must bring clothing (tops/bottoms) and footwear to wear in the river
- It is also advisable to bring some warmer dry clothes for afterwards
- Changing facilities are available
- All other types of equipment will be supplied
- Teams of two can enter the open water competition and time slots will be given for each section upon signing in
- All forms will be supplied by the branch for the survive and save awards (pay on the day)
- Please read the rules on what you require to complete any survive and save awards
- You can bring your own lunch but there will be a BBQ, hot drinks and bottled water available
- Examiners will provided by the Thames Valley branch

Safety Notes

- All safety advice will be displayed on a notice board including safety rules, information on water temperature, weather & any dangers in the water
- No candidates will enter the water unless instructed
- All awards and competitions will be supervised

- All safety boats and equipment will be supplied by Windsor Lifeguards club

Windsor offers a great location with views overlooking Windsor Castle. With all the necessary facilities, safety equipment and boats for this type of event in one place. The island is a great place for attracting visitors as it is a local picnic spot and boat mooring site, so there will be opportunities to spread the word to the general public and demonstrate our skills. Hopefully a great day will be had by all !

Ray